



For your convenience, you can complete your MS in Nutrition fully online

Over  
**90%**

pass rate on the CNS exam by UB graduates



Learn the science of nutrition and how to provide personalized care

## Master's Degree in Human Nutrition

### Advance your career in patient-centered care with an MS in Human Nutrition

***The Master of Science in Human Nutrition program at UB takes a functional and holistic approach to nutrition science. Human nutrition professionals are experts in evidence-based, patient-centered care. In this program, you'll advance your skills in providing clinically effective strategies for treating and managing disease through individualized diet and nutrition plans. Whether you're looking to expand your existing practice or change careers entirely, a master's degree in Human Nutrition will give you the skills and experience you need for a meaningful career helping people reach their health goals.***

#### UB's Nutrition program

At University of Bridgeport, you'll have access to the College of Health Sciences, which features 7 schools and 16 programs across healthcare disciplines. Classes are taught by experts in their fields — who hold doctorates, advanced degrees in nutrition, or are practicing clinicians. Their diverse experiences, expertise in the field, and teaching strategies will prepare you for a successful career in clinical nutrition.

UB's faculty take an evidence-based approach to nutrition, helping you develop a deep understanding of the biological and physiological relationship between nutrition and human health. You'll gain the skills and knowledge you need to counsel your patients and provide them with practical strategies and tools to help them succeed.

#### The flexibility and support you need

Our program offers complete flexibility — allowing you to earn your degree entirely online. You'll collaborate and communicate with peers from diverse backgrounds through online discussion boards and collaborative assignments. We know you're a busy working professional, parent, or both. By choosing UB, you don't have to sacrifice your education because you need to work or care for your family.

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**UNIVERSITY OF BRIDGEPORT**

**For more information, contact:**  
**203-576-4552**  
**[bridgeport.edu/nutrition](http://bridgeport.edu/nutrition)**

## Master's Degree in Human Nutrition

### Curriculum

Prerequisites		
NUTR 560 N	Anatomy & Physiology	4
NUTR 560 U	Intro to Biochemistry	3
NUTR 560 V	Nutrition Fundamentals	2

#### Total Prerequisite Credits: 9

Core curriculum*		
<b>Term 1</b>		
NUTR 560 A	Pathophysiologic Basis of Metabolic Diseases	4
NUTR 560 M	Evidence-Based Nutrition	3
<b>Term 2</b>		
NUTR 560 B	Biochemistry of Nutrition	4
NUTR 560E	Assessment of Nutritional Status	3
<b>Term 3</b>		
NUTR 560 C	Vitamins and Minerals	3
NUTR 560 G	Lifelong Healing with Food	4
<b>Term 4</b>		
NUTR 560 D	Clinical Biochemistry	3
NUTR 560 H	Developmental Nutrition	3
<b>Term 5</b>		
NUTR 560 F	Nutritional Therapeutics	4
NUTR 560 K	Virtual Clinic	4
<b>~ 2 months after completion of course work</b>		
Nutr 600	Comprehensive Exam	

#### Total core credits: 35

\*All students are required to pass a comprehensive examination at the completion of all coursework in order to graduate.

University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

### Prepare for CNS certification

UB's master's degree in Human Nutrition prepares you for the Certified Nutrition Specialist (CNS) certification. Our program features a unique capstone experience — the Virtual Clinic, where you will gain clinical management experience and eligibility for 200-255 hours of supervised fieldwork credits toward the CNS credential. The first of its kind in the world, the Virtual Clinic allows you to work with professional clinicians and faculty members to perform virtual nutritional exams and consultations — helping you gain the experience necessary to achieve a rewarding career in the field. Graduates from UB's MS in Human Nutrition program find fulfilling professional roles in private nutritional practices, functional medicine clinics, community health organizations, and more!

### Program prerequisites

- Bachelor's degree from an accredited institution
- Cumulative GPA of 2.75 or higher

Depending on your undergraduate background, you may be required to take up to 9 credits of graduate-level courses in Anatomy and Physiology, Biochemistry, and Nutrition. These courses are all offered at the start of the program — you can apply with or without them completed!

### Admissions requirements

- Free application at [bridgeport.edu/apply](https://bridgeport.edu/apply)
- Official transcripts from all schools attended
- Personal statement
  - Please discuss (in approximately 500 words) your specific interests and goals within the field of nutrition and your ability to thrive in a rigorous academic environment, including your strengths and potential challenges. Your essay will be evaluated on writing ability as well as specific, original content addressing each aspect of the prompt.