



Small class sizes ensure you get the support you deserve on and off the field



UB's dedicated coaching staff and state-of-the-art facilities will help you take your performance to the next level

122

UB student-athletes earned DII Athletic Director Association academic achievement awards during the 2024-2025 season

University of Bridgeport NCAA Division II Women's Flag Football

Compete as a Purple Knight

Join a growing group of student athletes who are helping shape the future of this sport in our region. Women's flag football is one of UB's newest varsity sports and will compete as part of the Central Atlantic Collegiate Conference (CACC). As a Purple Knight on the flag football team, you can help write the next chapter of UB athletics and inspire the next generation of student athletes.

Lead the drive

UB's flag football program offers a fast-paced, non-contact version of football that emphasizes speed, strategy, and skill. Across the country, women's flag football is growing quickly as colleges and universities create new pathways for women to compete at a high level.

Women's flag football at UB is a full varsity experience. Student athletes benefit from:

- A dedicated coaching staff that invests in player development
- A competitive schedule that aligns with CACC play
- A culture that builds football IQ, leadership, confidence, and teamwork
- Strength and conditioning tailored to the demands of your sport

Admission requirements

- Complete the application for enrollment at:
bridgeport.edu/apply
- Submit transcripts:
 - Proof of high school completion or its equivalent
 - Transcripts from all colleges/universities attended (transfer applicants)
- Students must have a minimum cumulative GPA of 2.5
- First-year students must submit a personal essay (optional if you choose to submit SAT/ACT scores)

We are invested in your success

While you're earning your degree, you can take advantage of:

- A wide range of career-focused academic programs
- Expert faculty with decades of experience in their fields
- Small class sizes ensuring student-centered instruction
- Academic Advising and one-on-one tutoring
- Center for Career Development
- 24/7 campus security and our on-the-go LiveSafe safety app



Make the most of your college experience

When you live at UB, you'll have a chance to explore:

- Beautiful residence halls located right on Long Island Sound
- A vibrant campus life with clubs and organizations for all interests, including Greek life
- Men's and women's NCAA Division II athletic teams
- A multicultural community with students from around the world
- Convenient location — only 1.5 hours from New York City and 2 hours from Boston

The University of Bridgeport is accredited by the New England Commission of Higher Education.
The University also is accredited by the Connecticut Office of Higher Education.