



At UB, you'll have access to comprehensive support services

52%

of UB students are first-gen learners.\* You're not alone in your journey!



Still Undecided? Your academic advisors can show you the path to choosing a major

## Tips for Success as a First-Generation Student

***Being the first in your family to go to college can be intimidating. As a first-generation college student, your journey toward a college degree will be filled with challenges and successes. At UB, you don't have to navigate the path to a college degree alone! UB is home to many faculty, staff, and current students who were once in your shoes — the first in their families to earn a college degree. With the right support services and some perseverance, you'll carve out your place in higher education and lay the groundwork for a promising future!***

### We're here to help

At University of Bridgeport, we understand that as a first-gen student, you may be unfamiliar with what to expect when you leave for college. Don't worry! We're here to support you every step of the way.

### Know where to look for support

As a first generation learner, balancing all your responsibilities can feel like a lot. The Heckman Center is your one-stop shop for all of your support services.

The Heckman Center offers:

- Academic Advising
- Career Preparation
- Civic Engagement
- Honors College
- Student Support Services
- Tutoring and Learning Center



## Tips for Success as a First-Generation Student

### Expect the unexpected

You deserve to achieve your educational goals without cutting corners on your priorities. Your faculty, staff, and fellow students are great resources — and if you find yourself feeling overwhelmed — don't be afraid to ask for help.

UB has:

- Campus safety
- Counseling services
- Health services
- Student accessibility services
- Tutoring
- And more!

### Get involved

One of the best ways to turn college into your home away from home is to get involved on campus. Whether you plan to commute or live on campus, there is something for everyone at UB, including:

- Clubs and organizations
- Hands-on learning opportunities
- NCAA Division II athletics
- Student Government Association
- Volunteering opportunities
- Wheeler Recreation Center

Go out there and find your community on UB's vibrant campus!



### Stay organized

Developing good organizational habits to balance your academic, extracurricular, and personal commitments is important.

- Advocate for yourself
- Check your email daily
- Download the LiveSafe App
- Get to know your professors and peers
- Plan enough study time
- Stay on top of important deadlines

The University of Bridgeport is accredited by the New England Commission of Higher Education.  
The University also is accredited by the Connecticut Office of Higher Education.

\*Based on 2023-2024 data.

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BRIDGEPORT**

**For more information, contact:**  
**203-576-4552**  
**[bridgeport.edu/ubelong](https://bridgeport.edu/ubelong)**