



## Master's Degree in Clinical Mental Health Counseling

Make compassion your calling

***Counseling is more than a career — it's a calling. With communities across the country experiencing an unprecedented mental health crisis, the need for compassionate and evidence-based counselors only continues to grow. At University of Bridgeport, our Clinical Mental Health Counseling program trains you for success in this dynamic and evolving field — empowering you to embrace the challenges and rewards of this fulfilling career path.***

### Become the counselor your community needs

Whether advancing your career or changing your professional path, earning your master's degree in Clinical Mental Health Counseling leads to a rewarding career making a difference for others. Beyond empowering you to make an impact, pursuing a counseling career has never been more flexible. With mental healthcare gaining more visibility and the availability of telehealth on the rise, counseling offers a personalized career path — enabling you to chart your unique course in a growing professional field.

### Balance research-based theory with hands-on learning

At UB, our trauma-informed Counseling curriculum is designed to help you excel as a counselor and advocate. Through research-based coursework, offered both on campus and online, our program addresses the three dimensions of your development as a counselor: **your personal growth, professional knowledge, and clinical skills.** Under the guidance of faculty experts with decades of experience, you will bridge theoretical knowledge with hands-on practice — **completing internship hours in the state where you plan to practice.** This seamless progression of coursework prepares you to take the National Counselor Examination (NCE) with confidence and competence — helping launch your success from classroom to career.

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UNIVERSITY OF  
BRIDGEPORT

**For more information, contact:**  
**203-576-4552**  
**[bridgeport.edu/counseling](https://bridgeport.edu/counseling)**

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### Gain career-ready experience with clinical coursework

Thanks to a grant from the Health and Human Services Administration (HRSA), you may be eligible for up to \$10,000 toward your tuition through a field placement stipend. HRSA grant recipients will have the chance to make a meaningful impact on mental health in southern Connecticut while honing practices like motivational interviewing and dialectical behavioral therapy.

### A flexible degree path — designed for you

We know life doesn't stop when you pursue your graduate degree. That's why we offer our Clinical Mental Health Counseling program on campus or 100% online! Whether you join us in person on our seaside campus or prefer the convenience of remote learning, you'll gain the same career-ready education — engaging in an online or in-person learning environment to collaborate with diverse colleagues and develop your professional skills.



Scan the QR code for additional  
information on our Clinical Mental  
Health Counseling degree

View all courses offered and read full course descriptions in our course catalog ([bridgeport.edu/academics/catalog](https://bridgeport.edu/academics/catalog)).

University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

The Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA), has granted accreditation to the Clinical Mental Health Counseling MS degree program in the College of Arts and Sciences at the University of Bridgeport through March 31, 2028.

\*HRSA grant available to eligible students through June 30, 2025. This opportunity is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1.5. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.

\*\*International transcripts must include an official course-by-course evaluation of all academic work from an accredited academic evaluating service



## Admission requirements

### Program prerequisites

- Bachelor's degree from an accredited university or recognized international institution
- Cumulative undergraduate GPA of 3.0 or higher (will consider lower GPAs for highly qualified applicants)
- 9 credits in undergraduate psychology coursework with a grade of B or higher
  - 3 of the 9 credits may be in an area closely related to psychology
  - Applicants are recommended to have three undergraduate credits in either abnormal psychology or psychopathology
- Minimum of 6-9 months of field experience working in social service agencies, mental health professions, or substance use intervention sites

### Required materials

- Complete the application for enrollment at [bridgeport.edu/apply](https://bridgeport.edu/apply)
- Official transcript for the last degree earned\*\*
- Resumé
  - For Clinical Mental Health Counseling applicants, significant experience in the field of counseling must be demonstrated
- Two letters of recommendation
  - Letters may come from employers, professors, or professional associates
- Personal statement
  - A 200-500 word personal statement detailing your interest in the counseling program, relevant academic and personal experience, and describe your professional plans
- Interview

