



Become a leader in public health

Master's in Public Health, MPH

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### **Choosing a Career in Public Health**

#### Compassion, community, and care

Are you interested in working in healthcare, leading public health decisions, and improving the collective well-being of our community? If so, a career in public health may be right for you!

Rather than helping individual patients, public health professionals focus on the "big picture" healthcare issues that affect their communities, the organizations for which they work, and the medical field at large.

If you're passionate about improving public health and wish to expand your career opportunities, increase your salary potential, and enrich your professional knowledge, a master's in Public Health (MPH) is the degree for you. This graduate-level degree program prepares you to take on high-level leadership and policy roles — positioning you to improve community and global health.

### **Job Opportunities in Public Health**

### **Professional possibilities await you**

You may be looking for leadership opportunities in healthcare, or perhaps taking on a high-level decisionmaking role isn't quite your style, but you want more flexibility and higher earning potential. In either case, an MPH could still be a great choice for you! This degree doesn't only allow you to become a leader in healthcare. MPH degree-holders enjoy opportunities to work in many areas of public health, including research, education, nutrition, governmental agencies, and more.

Some professional roles held by MPH graduates include:

Biostatistician

• Health promotion specialist

Infectious disease specialist

- Environmental health officer
- Emergency management specialist
- Epidemiologist

- Non-profit executive director
- Occupational health and safety specialist

- Public health educator
- Public health policymaker
- Public health researcher
- Social service manager

#### A fulfilling career in a stable field

Regardless of the economy, healthcare remains an essential public service. When you choose a public health career, you can find recession-proof work — giving you peace of mind and a sense of security. Moreover, earning your graduate degree shows potential employers your dedication to professional growth.

#### Earn more with your master's

One of the biggest reasons your MPH is a worthwhile investment? The potential to earn a bigger paycheck.

Aside from allowing you to assist the public and aid underserved populations, an MPH is a degree that pays for itself. When you re-enter the workforce with this credential, you can position yourself to earn a six-figure salary.

<u>Public health managers</u> can earn more than \$100k annually. Other public health professionals enjoy high earning potential, too. For example:

- A public health nurse can earn \$77,000 annually
- An environmental health scientist can earn \$76,000 annually
- An epidemiologist can make \$78,000 annually
- A biostatistician can make \$114,000 per year
- A public health director in a government agency can earn \$117,000 per year

### **Educational Requirements** for an MPH

### What undergraduate degree do I need?

A master's in Public Health is a postgraduate degree, so you'll need to earn a bachelor's degree before progressing to your MPH. Although having a bachelor's degree in the health sciences or a related field may save you prerequisites, you will not need a specific undergraduate degree to pursue an MPH at most institutions.

At UB, our MPH students have undergraduate degrees in:

- Biology
- <u>Health Sciences</u>
- Medical Laboratory Science
- Nursing
- And more!

#### Do I need to take the GRE?

Some colleges and universities require MPH applicants to take the Graduate Record Examinations (GRE). Preparing yourself for the GRE can take 1-4 months and can cost more than \$200 in testing fees and materials. At University of Bridgeport, we are dedicated to making your education accessible — helping you on your journey to professional achievement. That's why we don't require our MPH applicants to take the GRE or any other examination before applying. Don't worry — we know how hard you've been working to get here!



### **Earn Your MPH at UB**

# Earn your MPH on your terms with University of Bridgeport's fully online program

At UB, our master of Public Health online degree program prepares public health professionals to face complex local, national, and global issues in the field. With our relevant, innovative, and competency-based curriculum, you will learn how to tackle important issues in public health. Better still, the flexibility of our online program allows you to schedule your lessons around your timetable.

Issues explored in your online coursework will include:

- Acute and chronic illnesses
- Maternal and child health
- The opioid epidemic

- Emerging health issues

Medicare for all

- Influenza and COVID 19
- Obesity

#### Learn better at UB

Our signature MPH program is centered on equity, inquiry, health, and well-being. Our graduates are current and developing leaders in the field.

This online program prepares you to serve various roles in public health administration, policy, and advocacy. The skills you will develop in the MPH program are practical and transferable across healthcare fields.

#### Stronger together — two universities

UB's MPH is a joint program offered by both University of Bridgeport and <u>Goodwin University</u>. You will join colleagues and faculty from both universities — learning in a diverse educational setting that brings many perspectives to the table. When you complete the program, your MPH degree will list both universities.

#### **Customize your concentration**

At University of Bridgeport, you can choose from three distinct concentrations and enjoy the freedom to tailor your degree to your professional goals.



The **Community Health concentration** focuses on how to best address healthcare issues and equity within a defined geographic setting.



The **Health Policy and Management concentration** explores the policy and laws surrounding healthcare in the United States.



The **Global Health concentration** centers on issues related to healthcare and equity on a worldwide scale.

### **Meet the Program Director**



#### Meredith Gaffney, MPH

Meredith Gaffney has 20 years of experience in the primary and public health fields. Meredith first earned her B.A. in International Relations before pursuing postgraduate studies abroad. She earned her MPH from Tulane University in 1999, and later completed a postgraduate program in medical parasitology at Universidade Nova de Lisboa.

Meredith's career includes extensive work in the global healthcare sector. She has extensive experience planning projects, managing grants, and collaborating with UNICEF and USAID. Meredith has also worked to make a difference in public health at the grassroots level — working for organizations such as Planned Parenthood of Southern New England and the Clifford Beers Clinic.

A professional truly devoted to her field, Meredith has volunteered her expertise to various organizations ranging from the Peace Corps to the Girls Scouts of America. Meredith joined the UB faculty in November of 2021.





### **Curriculum Overview**

The 100% online master's program consists of 42 semester credit hours: 33 core credits and 9 concentration credits. The program can be completed in as few as 15 months by taking courses in an accelerated 7-week format.

### For complete curriculum details, please visit our website.

### **Admission Requirements**

To begin earning your MPH the Purple Knight way, you'll need to meet a few requirements.

#### **Program prerequisite**

Looking to get started? To begin earning your MPH at University of Bridgeport, you must have a bachelor's degree from a college or university that is accredited by an agency recognized by the Council for Higher Education Accreditation (CHEA) or the equivalent of this degree from another country. This degree does not have to be in a healthcare or related field.

#### **Required materials**

Almost there! To be eligible for admission to UB's MPH program, you must submit the following materials:

- UB graduate program application
- Official transcripts verifying receipt of a bachelor's degree from a regionally accredited instituion
- Personal statement of your goals in joining the MPH program (only required with GPA 2.5 or lower)

All materials should be submitted to the **UB Admissions** department.

#### **International applicants**

To learn more about the process of applying to UB as an international student, visit our <u>International</u> <u>Admissions</u> page.





### Tuition Information

MS in Public Health	
Tuition (per credit hour)	\$585
General Fee	\$160
One-time technology fee	\$100

### **Financial Aid Services**

At UB, we strive to make higher education accessible, equitable, and affordable for our students. That is why we offer comprehensive financial aid services. Our students receive aid in the forms of grants and scholarships that do not need to be repaid, loans that require repayment after graduation, and work-study opportunities that provide a steady paycheck.



### **Testimonials**



### Jocelyn Dela Cruz

"University of Bridgeport has developed a master of Public Health program which fosters learning through an engaging curriculum and a strong sense of community. From the professors, advisors, counselors, and all the way up to the program director, you will find individuals who genuinely care about your success as a UB student and as a future public health professional!"



### **Kimberly Stein**

"Having graduated with my bachelor's degree about 20 years ago, I was nervous to start a master's program since I work full-time and have a lot of obligations in my personal life. But Goodwin University and University of Bridgeport have made the transition back to academia seamless and enjoyable. The professors are knowledgeable, and the support staff are helpful and kind. I highly recommend the master's in Public Health program to anyone looking to further their careers in a professional, compassionate, and respectful environment."

### **Student Resources and Support**

At University of Bridgeport, we strive to help our students succeed. That's why we offer resources and support services to help you reach your personal and professional goals!

Academic Resources	Academic Supports
<ul> <li><u>Academic Advising Center (AAC)</u></li> <li><u>Admissions</u></li> <li><u>Financial Aid</u></li> <li><u>Registrar's Office</u></li> </ul>	<ul> <li><u>Career Preparation</u></li> <li><u>The Heckman Center</u></li> <li><u>Wahlstrom Library</u></li> </ul>

Personal Support Services	Student Experience
<u>Counseling Services</u>	<u>Clubs and Organizations</u>
• <u>Health Services</u>	• <u>Events</u>
• Knight's Pantry	• <u>Greek Life</u>
Student Accessibility Services	• <u>Recreation</u>

### **Professional Development**

<u>Career Development Services</u>





## Contact us today! Call: 203-576-4552 Text: 203-275-0401 bridgeport.edu/mph

The University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

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