



UNIVERSITY OF
BRIDGEPORT



Work toward a fulfilling career helping others

| Bachelor of Science in Health Sciences

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■ Why Choose a Career in Health Sciences?

Develop a deep understanding of human health and wellness

Explore the field of human health and wellness with a bachelor's degree in Health Sciences. When you earn your BS in Health Sciences, you open yourself up to an almost endless variety of career opportunities. Depending on your passions and interests, you can tailor your degree to align what you love most about studying Health Sciences, leading to a rewarding and meaningful career. A degree in Health Sciences exposes you to the fundamental knowledge about human health you need to succeed as a health-minded professional. A degree in Health Sciences can lead to careers in community health, exercise and fitness, and nutrition, or put you on track toward a graduate degree in related fields such as medicine, health science, Physician Assistant school, and more!

At University of Bridgeport, you can earn your Health Sciences BS on a traditional four-year timeline while tailoring your degree to your career goals by choosing one of six concentration tracks:

- Community Health
- Nutrition
- Pre-Physician Assistant
- Exercise and Fitness
- Pre-Professional
- Pre-Occupational Therapy

Today, people care about their health more than ever and are working with professionals to take an active role in improving their everyday wellness while meeting their long-term health goals. The demand for skilled and knowledgeable health professionals is growing. There's no better time to dive into this in-demand field. Take the leap and start earning your degree in Health Sciences today!

Achieve your career goals through our Health Sciences program

Gain extensive knowledge in an interdisciplinary field

No matter what your career goals are, it's critical to gain an in-depth understanding of the factors that influence human health. At UB, you'll study the biological and environmental factors at the individual and community levels — preparing you for success from classroom to career.

Tailor your degree to your professional goals

At University of Bridgeport, you can pursue your bachelor's degree in Health Sciences with one of the six concentrations. You'll work with faculty experts to deepen your knowledge and critical thinking skills to pursue a rewarding career or an advanced degree in the field.

Jumpstart your career journey with an accelerated degree

We know you're ready to start making a difference. That's why our Health Sciences program offers two pathways for earning your accelerated degree — achieving both degrees in just five years.

BS-MPH

With our Community Health Education track, you can pursue your master's in Public Health (MPH) starting your senior year. After completing your BS requirements, you'll spend a fifth year finishing your MPH.

BS-MS in Human Nutrition

When you choose a concentration in Nutrition, you can begin your Human Nutrition degree during your senior year — returning for a fifth year to finish your MS studies.

Pursue exciting professional opportunities

Earning your degree in Health Sciences will make you a versatile and sought-after job or postgraduate program candidate. The skills you gain apply to countless professional fields, and your career opportunities are almost endless.

Our Health Sciences graduates have gone on to secure rewarding careers in:

- Community health advocacy
- Medical and health services management
- Health science publications
- And more!
- Patient care advocacy

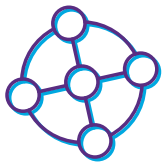
■ Why Choose UB?

Earn your degree at University of Bridgeport



A focus on career-readiness

Earning your Health Sciences degree can lead to a fulfilling career with high salary potential, and University of Bridgeport will prepare you for success in the field. Our curriculum is tailored to give you the skills and experiences you need to pursue any career in Health Sciences. With internships available because of our numerous community partnerships, you'll be ready for a variety of positions once you graduate.



A vibrant campus community

We believe your personal life is just as important as earning your degree — that's why we offer countless opportunities for you to get involved on campus. At UB, you'll find yourself surrounded by a diverse student body with people from over 25 countries. With 80+ career-focused degree programs and 50+ clubs and organizations, there's something for everyone here. As you immerse yourself in our community, you'll have access to internship and leadership opportunities that will serve as a launchpad for your future career.



At UB, we put you first

At University of Bridgeport, we take a student-centered approach to learning. Our expert faculty are dedicated to giving you the one-on-one attention you deserve, and we offer a variety of resources such as counseling services, financial aid, our Knight's Pantry, student involvement opportunities, and more. While earning your degree, UB will be with you every step of the way!



Earn your degree your way

At UB, you can tailor your Health Sciences degree with one of five concentration tracks. Through our Community Health Education and Nutrition tracks, you can choose to pursue a dual degree — earning your BS and master’s degree in only five years.

1 Community Health Education

Prepare for a career focused on protecting and promoting the health of underserved communities through health education and disease prevention activities. Our Community Health Education graduates achieve rewarding careers providing patient care and influencing health policy.

Through our Community Health Education track, eligible students can begin earning their master’s in Public Health (MPH) during their senior year. After completing the remaining Health Sciences requirements, students spend a fifth year finishing their MPH.

2 Exercise and Fitness

With our Exercise and Fitness track, you’ll gain the skills to develop appropriate fitness programs for people in your care. Graduates from this concentration pursue rewarding careers as personal trainers, health educators, and more.

3 Nutrition

In this program, you’ll develop a deep understanding of the science behind nutrition — building the knowledge and skills necessary to analyze individual nutritional needs and educate diverse populations on the relationship between their food and overall health.

With a concentration in Nutrition, qualifying students can pursue their dual degree in Human Nutrition — beginning graduate-level classes during their senior year before returning for a fifth year to complete their MS studies.

4 Pre-Physician Assistant

When you pursue the Pre-Physician Assistant concentration, you can develop the knowledge and skills necessary for applying to a Physician Assistant master’s program after graduation. Please note that completing this track does not automatically grant you admission to UB’s Physician Assistant program.

5 Pre-Professional

In this program, you'll develop a deep understanding of the factors that influence health. The Pre-Professional track prepares you to continue your health sciences education by obtaining your graduate degree in diverse fields.

6 Pre-Occupational Therapy

The Pre-Occupational Therapy (Pre-OT) concentration at University of Bridgeport prepares you with the skills and knowledge you'll need to pursue advanced degrees in occupational therapy (OT) and make a meaningful difference in your patients' lives.



■ Admission Requirements

- Complete the application for enrollment at bridgeport.edu/apply
- Submit transcripts
 - Submit proof of high school completion or its equivalent
 - Submit transcripts from all colleges and universities attended (transfer applicants)
- Students must have a minimum cumulative GPA of 2.5
- First-year students must submit a personal essay (optional if you choose to submit SAT/ACT scores)

Admission requirements and tuition information updated for the 2023-2024 academic year.



Financial Aid

Paying for college doesn't have to be stressful. At University of Bridgeport, there are a variety of financial aid programs available to you, including scholarships, grants, and student loans that need to be repaid, and work-study opportunities that provide a regular paycheck. The Office of Student Financial Services is ready to connect with you and guide you toward achieving your dream of a college education.

Check out our [financial aid page](#) to find out how University of Bridgeport can help you pay for your education.

Admission requirements and tuition information updated for the 2023-2024 academic year.





Curriculum

The Health Sciences program requires 120 total credit hours — 35 general education credit hours and 18-28 core Health Sciences credits, with the remaining credits being in your concentration.

For complete curriculum details, please visit [our website](#).

Admission requirements and tuition information updated for the 2023-2024 academic year.

■ Student Resources and Support

At University of Bridgeport, we are committed to helping our students succeed. That's why we offer resources and support services to help you reach your personal and professional goals!

Academic Resources	Academic Supports
<ul style="list-style-type: none"> • Academic Advising Center (AAC) • Admissions • Financial Aid • Registrar's Office 	<ul style="list-style-type: none"> • Career Preparation • The Heckman Center • Wahlstrom Library
Personal Support Services	Student Experience
<ul style="list-style-type: none"> • Counseling Services • Health Services • Student Accessibility Services 	<ul style="list-style-type: none"> • Clubs and Organizations • Events • Greek Life • Recreation
Professional Development	
<ul style="list-style-type: none"> • Career Development Services 	



**UNIVERSITY OF
BRIDGEPORT**



Contact us today!

Call: 203-576-4552

Text: 203-275-0401

bridgeport.edu/healthsciences

University of Bridgeport is accredited by the New England Commission of Higher Education.
The University also is accredited by the Connecticut Office of Higher Education.

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126 Park Ave
Bridgeport, CT 06604