Imaging of Trauma to the Spine

Orthopedic Diplomate Program University of Bridgeport College of Chiropractic

Jefferson Fracture





© Yee, LL: The Jefferson Fracture, Radiology Cases in Pediatric Emergency Medicine. Vol 5, Case 4; Kapiolanin Med. Center for Women and Children, Univ of Hawaii, John A. Burns School of Medicine

Thanks to Dr. John Taylor for this slide

Posterior Arch Fracture



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- Most common C1 fracture
- Hyperextension
- Stable
- Usually bilateral
- 80% have other fracture

Unstable Atlanto-Axial Joint



Odontoid Fracture with increased translation



Hangman's Fracture







- Reportedly fell while chasing a puppy in the street a night after a party
 - Head hit the curb and was forced into hyperextension
 - Significant pain (10/10) in neck & with all attempts at motion

Teardrop Fracture

- ALL rupture
- Hyperextension
- Avulsion of anteriorinferior corner of body
- Severely unstable
- Most common at C2
- Look for other injuries
- Frequent neurologic deficit



Teardrop Fracture



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Teardrop Fracture





- Vertical compression combined with flexion
- Comminution of body by nucleus pulposus
- Retropulsion
- Kyphosis, spinous fanning, facet dislocation
- 85% neurologic deficit



Type III. Fracture through entire vertebral body with fragmentation of its anterior portion. Posterior cortex intact but projects into spinal canal causing damage to cord and/or nerve roots



X-ray film: Type III fracture of C5

Thanks to Dr. John Taylor for this slide





Special thanks to Northwestern Health Science University













Special thanks to Northwestern Health Science University for this case



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Attempting to ride his bike across the U.S.

Hit on a straight, flat stretch of road by motorist not paying attention

Burst Fracture & ?



Burst Fracture & Odontoid Frx







Cervical Spine Dislocation

• Unilateral facet dislocation

• Bilateral facet dislocation

• Transverse ligament rupture

Unilateral Facet Joint Dislocation





35 y.o. UBCC student

- Involved in MVA while in army approx. 12 yrs ago
 - Neck injury (films?)
 - Has been getting adjusted weekly (2X times a week) by local chiropractor since leaving the service
 - For approx. 7 yrs with great relief
 - The results are what inspired him to attend UBCC
 - Incoming student screening exam referred for cervical films

Chronic Unilateral Facet Joint Dislocation



Acute Compression Fractures

RADIOGRAPHIC FINDINGS:

- Wedge deformity
- Zone of impaction
- Step defect
- Paraspinal edema and hemorrhage
- Abdominal ileus—excessive gas

Spinal Trauma



• Compression fractures

• Axial rotation with fulcrum at about the posterior inferior vertebral corner

> Causes compression on anterior body

Compression vs Burst fracture





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Hemorrhage on MRI

AGE	BLOOD PRODUCTS	T1 SIGNAL	T2 SIGNAL
Hyperacute (0-1 day)	Oxyhemoglobin/serum	Isointense to cord	Bright
Acute (1-3 days)	Deoxyhemoglobin	Isointense to chord	Dark
Early Subacute (4-7 days)	Intracellular methemoglobin	Bright	Dark
Late Subacute (>7 days)	Extracellular Methemoglobin	Bright	Bright
Chronic (>2 weeks)	Hemosiderin	Dark	Dark

Compression Fracture



T1WI

Fat-saturated Image



Compression Fractures Determining age of fractures:

	OLD	NEW
Shape	Wedge	Wedge
Step defect	No	Yes
Band of condensation	No	Yes
Degenerative disc	Yes	No
Bone Scan	- /+ (2 yr)	+

Thanks to Dr. John Taylor for this slide

Yochum & Rowe 2nd ed. 1996, Table 9.11

Compression Fractures



Acute trauma

2 yrs after trauma

Pars Interarticulares

• Younger patients (under 30 yrs old) with low back pain

- Significant possibility of pars defects
- Especially in athletes

30 yr old female w/LBP



Spondylolysis



Spondylolysis



Spondylolysis



Stability of the Spine

- Typically assumed no more than 3.5 mm. translation in cervical spine
 - Anything more considered excessive/instability

• Lumbar translation

Recumbant vs upright imaging

Lying Down



Upright, Weight-Bearing



Case courtesy of M. Rose, MD, Rose Radiology Centers

Recumbent



Case courtesy of F. W. Smith, MD University of Aberdeen, Scotland

Recumbent



Upright-Flexion



<u>Ligamentous Rupture Associated With Spinal Instability</u> The interspinous ligamentous rupture at the L4/5 level

Case courtesy of F. W. Smith, MD University of Aberdeen, Scotland

Arachnoiditis

• Post-traumatic (post-surgical, *post-pantopaque*)

- Inflammatory process often d/t components being injected into subarachnoid space (i.e. contrast agents, anesthetics) or intrathecal hemorrhage forming adhesions
 - Clumping of nerve roots instead of gently arching nerve roots
 - May adhere to the dura resulting in empty appearing thecal sac

Arachnoiditis



Case courtesy of Dr Marcin Czarniecki, Radiopaedia.org, rID: 26210

Case 5: 75 yr old male

• Radicular symptoms along L4/L5 nerve root dermatome

- Mild low back pain
- History of fall 2 yrs previous no films or follow-up
- History of psoriatic arthritis

Case 5: 75 yr old male







Case 5: 75 yr old male





Case #6: 39 y.o. female



Case #6: 39 y.o. female







T1 Neutral

T2 Neutral

T2 Flexion

Case #7: Os Odontoideum



End of Spinal Trauma Section

