

Congratulations! Your university program has been designated as an American College of Lifestyle Medicine (ACLM) Partial Academic Pathway, providing you with a unique opportunity to jumpstart your journey toward becoming certified in lifestyle medicine.

Why is This Important?

- You will gain foundational knowledge in lifestyle medicine as part of your current studies.
- You will complete one of the two required education prerequisites toward certification—giving you a head start before graduation.

Steps to Becoming Certified in Lifestyle Medicine

1. Complete the ACLM-approved Partial Academic Pathway course as part of your program.
2. Submit the [ACLM student application](#) to receive a waiver for the 20-hour live CME/CE prerequisite after successfully completing the course with a grade of B- or higher.
3. Consider joining ACLM for student benefits, including discounts on the certification exam and educational resources.
 - Use the code AP2025 to receive \$25 off a new membership.
 - ACLM student members are eligible to apply for a scholarship to attend LM2025 online for free—[apply here](#).
4. Complete the [Foundations of Lifestyle Medicine Board Review Course](#) at your convenience—either before or after graduation.
5. Register for the certification exam through the [American Board of Lifestyle Medicine](#) by September 30th (6 p.m. PT) in the year you plan to take the exam.

Note: Partial Academic Pathway prerequisites expire three years after graduation.

Need Help?

Visit the [ACLM Help Center](#) or reach out to your faculty advisor for guidance.

We're excited for you as you take this next step toward advancing your education and career in lifestyle medicine!

