The University of Bridgeport Acupuncture Clinic administers a professional and affordable treatment that serves the local community and instructs student interns in the diagnosis and treatment of health conditions from a Traditional Chinese medicine (TCM) perspective.

TCM is one of the most respected healing professions around the globe, and is the fastest growing complementary health care field in the U.S.

We welcome you to make an appointment or set up a consultation with our well-qualified licensed acupuncturists and interns. Most treatments last approximately 60 minutes.

For more information, call 203-576-4349 or visit: www.ubclinics.org

UB Clinics also provides radiology services and laboratory services, as well as retail sales of over-the-counter vitamins, herbal medicines, homeopathics and other health products.

UB Clinics reception: 203-576-4349
Dispensary: 203-576-4298

Directions to the UB Clinics

I-95 South—Exit 27
Bear left as exit ramp divides. Turn left at end of ramp onto Lafayette Boulevard. Follow Lafayette to University Ave. Turn LEFT on University for 1 block, RIGHT on Broad St., RIGHT on Linden Avenue.

I-95 North—Exit 27
Traffic light at end of exit ramp (Myrtle Ave). Travel straight ahead through two traffic lights. At the third light turn right onto Lafayette Boulevard, and follow 6 blocks to University Ave. Turn LEFT on University, RIGHT on Broad St., RIGHT on Linden Ave.

ROUTES 8 AND 25
Take South to Exit 1. At bottom of ramp, turn left on Prospect Street. Travel two blocks to Lafayette Boulevard, turn right, follow 6 blocks to University Ave. Turn LEFT on University, RIGHT on Broad St., RIGHT on Linden Ave.

*The Health Sciences Center is the 8-story building on the left. (60 Lafayette Street.) Patient parking is available on Lafayette St. across from the Health Sciences Center.

BY BUS
Take the GBTA #1 bus to the corner of Broad & Linden Streets. The Health Sciences Center is adjacent to the bus stop.

Please plan to arrive 30 minutes prior to your first appointment to complete the necessary paperwork.
Preventative and Alternative Therapies for Health Conditions

Each of these specialty clinics offers comprehensive services as described in this brochure, providing opportunities for numerous medical therapies in one convenient location.

Fones Dental Hygiene Clinic

The students and faculty at the Fones School are prepared to offer oral hygiene treatment of the highest quality. Services are provided by dental hygiene students under the supervision of licensed faculty and local dentists.

Dental Hygiene services include:
- Oral examination and cancer screening
- Medical and dental history review
- Teeth cleaning
- Dental x-rays
- Oral hygiene instruction
- Fluoride treatments and sealants
- Preventative treatments
- Diet/nutritional counseling
- Other procedures as authorized by the State of Connecticut Dept. of Public Health

Dental x-rays will be forwarded to the patient’s dentist upon request. Dental hygiene services are available for adults and children.

Clinic Hours:
Weekdays: 8:00 am to noon and 1 pm to 4 pm. Clinic days and hours may vary from semester to semester; please call for the current schedule.

To make an appointment or for more information, call 203-576-4137 or email FSDH@bridgeport.edu

Chiropractic Clinic

The UB Chiropractic Clinic offers state-of-the-art, patient-centered treatment for a wide range of neuromusculoskeletal conditions and injuries, as well as wellness, preventative and health education services. Care is provided by fourth year chiropractic interns working under the supervision of licensed and experienced chiropractic physicians, many of whom hold specialty certifications in areas such as neurology, rehabilitation and sports chiropractic. Convenient radiology and laboratory services are available on-site.

Chiropractic services include:
- Manual manipulation to restore normal joint motion
- Hands-on soft tissue and muscle therapies
- Physiotherapy modalities
- Exercise and rehabilitation services
- Spinal stabilization and balance therapies
- Ergonomic consultation
- Stress management
- Personalized nutritional and dietary counseling
- Community health education and healthy lifestyle counseling

Scientific evidence supports the effectiveness of chiropractic treatment for many conditions including low back and neck pain, headache, sprain/strain injuries, postural imbalances and others. We welcome you and look forward to assisting you with your personal healthcare needs.

Serving the Fairfield County community for over fifteen years, the UB Chiropractic Clinic offers quality care at significantly reduced fees and is open weekdays year around. Same day and next day appointments are available for urgent care. For more information or to make an appointment, call 203-576-4349 or visit our website at www.ubclinics.org.

Naturopathic Clinic

The Naturopathic Medical Clinic offers team-based medical care with a focus on patient education, as well as the use of natural and preventative diagnostics and therapeutics.

Naturopathic medicine is optimal for the treatment of common health complaints, as well as chronic illnesses. A naturopathic assessment will take into account the physical, mental, emotional, social and environmental aspects of your health issues. Treatments are safe, naturally based and designed to meet each patient’s unique needs.

Naturopathic services include:
- Botanical (herbal) Medicine
- Clinical Nutrition
- Homeopathy
- Laboratory Diagnostics
- Physical Medicine
- Mind/Body Medicine
- Hydrotherapy

The Naturopathic Medical Clinic includes a dispensary where natural medicines, including professional line supplements, herbal medicines, homeopathics and more, can be purchased by patients and the public.

For more information, call 203-576-4349 or our website at www.ubclinics.org.