COURSE SYLLABUS

Please read the following course syllabus carefully, especially the course dates, times and location. If you have any questions, please do not hesitate to communicate with the IDEAL Program office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in the courses build on the shared experience of all learners in each class. This is why each student’s preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount your time outside the course to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend nine-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:

1. Participate in and complete the online orientation prior to your first online course.
2. Obtain the required course materials prior to the course start date.
3. Login and participate in your course a minimum of three times per week.
4. Complete all assignments to the best of your ability.
5. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.
6. If you have any technical difficulties, you must contact the Office of Distance Education immediately at ubonline@bridgeport.edu.

If you cannot perform these six expectations, it is recommended that you drop the course. We look forward to your academic success in each course and the ultimate completion of your degree.
Course No. & Title:  PSYC 230 DL1, Abnormal Psychology
Semester and Term:   FALL 2015
Day and Dates:  8/24/2014 – 10/17/2014
Time:  online
Campus Location:  Distant Learning

Course Description:
This course will involve the study of those thoughts, feelings, and behaviors that interfere with psychologically adaptive functioning. Also studied will be some of the causes and appropriate treatments of neurosis, psychosis, personality disorders, and adjustment reactions.
Prerequisite Course: PSYC 103 and 201 or 202
Course Code: HS-PE, LA, PSY, SsC, PSY-M, HSM, DM-PPR

Instructor & contact information:
Dr. Christopher Mark Wessinger
Telephone: 775-240-6599; email: cwessing@bridgeport.edu
Synchronous Office hours:  Wednesday 9:00-10:00 pm eastern time (7:00-8:00 pm mountain time) or Sat. 12:00-1:00 pm eastern time (10:00-11:00 am mountain time)

Required Textbook:

To order textbooks, go to the bookstore website at http://bridgeport.textbooktech.com/
Select IDEAL Campus and login to the bookstore. Select the course and follow instructions.

Learning Outcomes:
Upon completion of this course the student should be able to:
• Name and describe major contemporary perspectives on the nature of abnormality.
• Explain what information clinicians seek when assisting a client for treatment, and describe some ways of obtaining such information.
• Describe the distinguishing features of major psychological disorders such as schizophrenia, anxiety disorders, depression, "addictions", OCD/dissociative disorders, and others.
• Describe important treatment procedures used by clinicians, and explain how it is determined whether a treatment is working. Tell what treatments are used for certain conditions and discuss advantages and disadvantages of particular treatments for particular conditions.
• Discuss contemporary theories about the origins and/or biological basis for investigating these.
First Assignment:
Please prepare and upload your initial response to the Discussion Question: Unit1-DQ1-Abnormal Psychology and Life DURING the first week.

Unit 1 DQ1: Abnormal Psychology and Life

Define abnormal behavior. Explain potential social impacts of abnormal behavior on society. Provide an example of abnormal behavior you have witnessed. How might this abnormal behavior be classified clinically? That is, what makes this behavior abnormal? Your post should contain a minimum of 250 words.

Assignments:
Discussion Questions –
The discussion questions are intended to get us talking about important aspects of cognition so that we can understand them in greater detail and from multiple viewpoints. In order to help with these intentions, all discussion questions require an original response and substantive responses to at least two of your colleagues’ postings. Substantive means that you must add to, and or expand on, the post to which you are responding. Responses such as “nice post”, “I agree with what you say”, “good answer” and similar content-less posts are not substantial and thus will not fulfill the response requirements.

Written assignments –
These assignments are designed to get you to personally demonstrate your understanding of important topics in the course. Written assignments will entail describing a cognitive subtopic in greater detail using definitions, examples and additional references when appropriate. These assignments will require written responses of 500-750 words, and references when appropriate.

Weekly Quizzes -
There are weekly, 10-item, short answer quizzes designed to help strengthen and consolidate important topics within that module. The quizzes can be taken using your course notes, textbook and other resources as necessary.

Exams -
There are two exams, one in week 4, and one in week 8. Each exam is composed of 10-short essay questions. The exams must be taken without using your course notes, textbook or other resources.
Description of Weekly Sessions:
Assignment Due Dates and Weekly Subsidiary Student Learning Objectives

Week 1 (August 24 – 30)
Understanding the origin and scope of abnormal psychology.
Readings include Chapters 1 & 2 in Whitbourne & Halgin Text
1. Describe the historical perspectives of abnormal psychology.
2. Characterize the theoretical basis of abnormal psychology.
3. Describe the goals and expected outcomes of treatment plans.
Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday August 30th at Midnight.

Week 2 (August 31 – September 6)
Understanding the origin and scope of abnormal psychology.
Readings include Chapters 3 & 4 in Whitbourne & Halgin Text
1. Describe the key components of clinical interviews and assessments.
2. Explain intelligence testing and psychological assessment.
3. Explain the biopsychosocial perspective of psychological disorders.
Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday September 6th at Midnight.

Week 3 (September 7 – 13)
Understanding the origin and scope of abnormal psychology.
Readings include Chapters 5 & 6 in Whitbourne & Halgin Text
1. Compare and contrast normal fear and anxiety disorders.
3. Assess somatoform disorders.
Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday September 13th at Midnight.

Week 4 (September 14 – 20)
Understanding the origin and scope of abnormal psychology.
Readings include Chapter 14 in Whitbourne & Halgin Text
1. Assess theories and treatments of eating disorders.
2. Distinguish impulse control disorders.
3. Explain the biopsychosocial model of eating disorders.
Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday September 20th at Midnight. There is also a midterm exam this week that must be completed by Sunday at Midnight too.

Week 5 (September 21 – September 27)
Understanding the origin and scope of abnormal psychology.
Readings include Chapter 7 in Whitbourne & Halgin Text
1. Identify and characterize abnormal sexual behavior and paraphilic disorders.
2. Understand theories and treatments associated with paraphilic disorders.
3. Assess gender dysphoria.

Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday September 27th at Midnight.

Week 6 (September 28 – October 4)
Understanding the origin and scope of abnormal psychology.
Readings include Chapter 8 in Whitbourne & Halgin Text
1. Understand the dynamics of major depressive and dysthymic Disorder
3. Discuss the connections between gender, age, mood disorders and suicide.
Discussion Forum postings, the Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday October 4th at Midnight.

Week 7 (October 5 – 11)
Understanding the origin and scope of abnormal psychology.
Readings include Chapters 9 & 10 in Whitbourne & Halgin Text
1. Discuss the characteristics of schizophrenia.
2. Understand the biopsychosocial model of schizophrenia.
3. Explain features and characteristics of personality disorders.
4. Understand the biopsychosocial model of personality disorders.
Discussion Forum postings, Written Assignment, and the Open Book Quiz are considered late if submitted after Sunday October 11th at Midnight.

Week 8 (October 12 – 17)
Understanding the origin and scope of abnormal psychology.
Readings include Chapter 13 in Whitbourne & Halgin Text
1. Distinguish between substance abuse and substance dependence.
2. Explain theories of, and treatment plans related to, addiction.
3. Compare and contrast alcohol abuse and other drugs of abuse.
NOTE – this week is officially a day shorter compared to the other 7, in that the term officially ends Saturday, October 17th. But not to worry, assignments will be accepted until Sunday, October 18th at Midnight (but not beyond). There is also an exam this final week that must be completed by Sunday at Midnight.

Grading Criteria:
Weekly assessments:
- Discussion Question 1: DQ1
- Discussion Question 2: DQ2
- Written Assignment: WA
- Open book Quiz
Tests
- weeks 4 and week 8

Assignment weighting:
Weekly-
- DQ1 = 30 points
- DQ2 = 30 points
- WA = 30 points
- Quiz = 10 points
- Weekly total = 100 points
- Test 1, week 4 = 100 points
- Test 2 week 8 = 100 points

Course Overall = 1000 points

Letter Grading Scale:

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ACADEMIC POLICIES

Attendance Policy
Course attendance via online participation is an integral part of the online academic experience; therefore, students are expected to be participative in all course activities and discussions. If an absence is unavoidable, the student should communicate with the instructor. Arrangements should be made at that time for submission of any missed assignments.

IMPORTANT:
- An absence (lack of participation) in any week of the course, will drop the final grade by one letter grade (for example if a student earns a grade of “B” in the course, the final grade would be a “C”).
- An absence of two or more weeks will be cause for a failing grade.

Drop Procedures
To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the IDEAL Course Schedule webpage: http://www.bridgeport.edu/academics/continuinged/ideal-academic-degree-programs-and-certificates/ideal-course-schedule/.

Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the drop fees and tuition refunds at the Academic Calendar; accessed at the IDEAL Course Schedule webpage (same link above).

Cell Phones
Cell phones must be turned off (or placed on “vibrate”) while in the classroom. A cell phone call is disruptive and disrespectful to the other students in the class.

Academic Dishonesty
The IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

Cheating – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

Case #1: A student is enrolled in an introductory psychology course. He has co-workers who have taken the same course. As the end of the course approaches, he wonders how he will find the time to get the research paper finished, and asks one of his co-workers for help. His co-worker hands him a research paper that he submitted in a similar course. The student makes minor modifications to the paper, and submits it under his own name.

Case #2: A student enrolled in a humanities course is unsure about how to structure an essay. She is doing research on the World Wide Web, and comes across an essay written by a student from another university. Using her computer mouse, she copies and pastes the essay into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.
Plagiarism – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called “research papers” without full recognition of the source. Presenting as one’s own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

Case #3: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet. Finding helpful information, he has summarized his findings without citing his sources. He believes that minor paraphrasing is all that is necessary.

Case #4: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn’t have to use quotations or citations.

Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own courses; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site: http://www.indiana.edu/~istd/plagiarism_test.html

Ethics Statement of Confidentiality
An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

ACADEMIC RESOURCE CENTER

The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at: http://www.bridgeport.edu/pages/2209.asp The Center is located on the 5th Floor of the Wahlstrom Library. Make an appointment or walk-in: Telephone: 203-576-4290. Online Tutoring is available at: www.etutoring.org. To use this free service you must have a UBNet account.

Obtaining a UBNet Account
Every registered student should obtain a UBNet Account. The account allows you to access MyUB; the portal for grades, library services, Canvas online learning system. Also, the account allows you access to computers in the Library and computer labs, and provides an email
account in which the University sends out information. Go to: http://www.bridgeport.edu/ubnet - Click on “New UBNet Account” and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your bridgeport.edu email forwarded to any other private email account you use. Following the activation of your UBNet account (takes 24 hours), login at: http://www.bridgeport.edu/email and click on “forwards” at the top of the page. Follow the directions to forward email messages to your other account.

Learning Management System (LMS) - Canvas
For all courses that use Canvas, you can access Canvas through the portal by using the myUB link. Faculty post class documents on Canvas e.g. syllabus, power points, discussion questions, case studies, current event articles, papers, reports etc. (save some trees). All students have access, and can download and copy the documents.

Canvas Tutorial For Students: https://bridgeport.instructure.com/courses/985903
For assistance contact the UB Help Desk at 203-576-4606 or email helpdesk@bridgeport.edu https://bridgeport.instructure.com/courses/829447/

Accessing Your Grades & Schedule Online
The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. To access WebAdvisor, login in to MyUB and follow the WebAdvisor menu on the right. If you are carrying a financial balance, access to WebAdvisor will be restricted.

Using the Library
Access to the Digital Library is through MyUB. On the MyUB home, in the central column, click on “myEureka Digital Library.” Research tools available:

- Search for books held at the library.

- Search the online databases for your academic field; business, counseling, human services, psychology, etc.

- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

Using Computers
Open access computer labs are available at three locations:

- Bridgeport – 1st floor of the Wahlstrom library. Check library hours of operation at: http://www.bridgeport.edu/library.

- Stamford – Room D; Check open hours at: http://www.bridgeport.edu/stamford

- Waterbury – Computer Lab; Check open hours at: http://www.bridgeport.edu/waterbury
Course Cancellations
Any emergency necessitating the canceling of courses will be announced by the University through the Emergency Notification Telephone Line, (203) 576-4159. Please call this number for information on course cancellations. Also, information will be posted under “Latest News” on the UB home page, (www.bridgeport.edu). Canceled classes will be made up either the week following the end of the course or in consultation between the instructor and the students as to day and time availability. Course cancellations are also announced on television and radio stations.

IMPORTANT CONTACT INFORMATION

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<thead>
<tr>
<th>Office</th>
<th>Telephone</th>
<th>Email</th>
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<tbody>
<tr>
<td>Bridgeport Campus Security</td>
<td>(203) 576-4911</td>
<td><a href="mailto:ubsecurity@bridgeport.edu">ubsecurity@bridgeport.edu</a></td>
</tr>
<tr>
<td>Bursar</td>
<td>(203) 576-4692</td>
<td><a href="mailto:bursar@bridgeport.edu">bursar@bridgeport.edu</a></td>
</tr>
<tr>
<td>Cashier</td>
<td>(203) 576-4682</td>
<td><a href="mailto:cashier@bridgeport.edu">cashier@bridgeport.edu</a></td>
</tr>
<tr>
<td>Financial Aid</td>
<td>(203) 576-4568</td>
<td><a href="mailto:sfs@bridgeport.edu">sfs@bridgeport.edu</a></td>
</tr>
<tr>
<td>Registrar</td>
<td>(203) 576-4635</td>
<td><a href="mailto:registrar@bridgeport.edu">registrar@bridgeport.edu</a></td>
</tr>
<tr>
<td>Emergency Notification Phone</td>
<td>(203) 576-4159</td>
<td></td>
</tr>
<tr>
<td>IDEAL Office</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
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CAMPUS CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Campus</th>
<th>Address</th>
<th>Telephone</th>
<th>Email</th>
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<tbody>
<tr>
<td>Bridgeport</td>
<td>126 Park Avenue Bridgeport, CT 06604</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
</tr>
<tr>
<td>Stamford</td>
<td>5 Riverbend Drive Stamford, CT 06750</td>
<td>(203) 358-0700</td>
<td><a href="mailto:ubstamford@bridgeport.edu">ubstamford@bridgeport.edu</a></td>
</tr>
<tr>
<td>Waterbury</td>
<td>84 Progress Lane Waterbury, CT 06705</td>
<td>(203) 573-8501</td>
<td><a href="mailto:ubwaterbury@bridgeport.edu">ubwaterbury@bridgeport.edu</a></td>
</tr>
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</table>

Directions to IDEAL Campus locations http://www.bridgeport.edu/pages/2260.asp

To fill out your financial aid report to the Federal Government, please go online to www.fafsa.ed.gov. The school code for the University of Bridgeport is 001416. Federal Student Aid Information: 1-800-433-3243