



For your convenience,  
you can complete your MS  
in Nutrition fully online

Over  
**90%**

pass rate on  
the CNS exam by  
UB graduates



Learn the science of  
nutrition and how to  
provide personalized care

## Master's Degree in Human Nutrition

### Advance your career in patient-centered care with an MS in Human Nutrition

***Now, more than ever, we need compassionate nutrition specialists with the knowledge and skills to help patients achieve their health goals. Whether you're expanding your practice or changing careers entirely, earning your MS in Human Nutrition at University of Bridgeport will equip you to take a holistic approach to nutritional care — fine-tuning your ability to treat and manage patients' needs through individualized nutrition plans.***

### UB's Nutrition program

At UB, our Nutrition classes are taught by faculty experts with diverse professional backgrounds, helping you develop a deep understanding of the biological and physiological relationship between nutrition and human health. Through theoretical instruction and hands-on learning opportunities, you'll gain the skills and knowledge necessary to counsel your patients and provide them with practical strategies to help them succeed.

### Accelerated BS to MS degree

Eligible undergraduates earning their BS in Health Sciences with a concentration in Nutrition can pursue an accelerated dual degree in Human Nutrition — beginning graduate-level classes during their senior year before returning for a fifth year to complete their MS studies.

### The flexibility and support you need

We know life doesn't pause when you pursue your graduate degree. That's why our Human Nutrition program offers complete flexibility, allowing you to earn your degree 100% online. As a UB student, you'll hone your expertise in a collaborative and engaging virtual setting — providing a career-ready education on *your* schedule.

### Unique opportunities at UB

In addition to our traditional MS in Human Nutrition program, the Nutrition institute offers unique degree paths to enhance your professional opportunities.

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UNIVERSITY OF  
BRIDGEPORT

**For more information, contact:**  
**203-576-4552**  
**[bridgeport.edu/nutrition](https://bridgeport.edu/nutrition)**

## Curriculum

| Prerequisites |   |   |
|---------------|---|---|
| NUTR 560 N    | Anatomy & Physiology for the Clinical Nutritionist  | 4 |
| NUTR 560 U    | Intro to Biochemistry for the Clinical Nutritionist | 3 |
| NUTR 560 V    | Nutrition Fundamentals                              | 2 |

### Total Prerequisite Credits: 9

| Core curriculum*                           |  |   |
|--|--|---|
| Term 1                                     |  |   |
| NUTR 560 A                                 | Pathophysiologic Basis of Metabolic Diseases | 4 |
| NUTR 560 M                                 | Evidence-Based Nutrition                     | 3 |
| Term 2                                     |  |   |
| NUTR 560 B                                 | Biochemistry of Nutrition                    | 4 |
| NUTR 560E                                  | Assessment of Nutritional Status             | 3 |
| Term 3                                     |  |   |
| NUTR 560 C                                 | Vitamins and Minerals                        | 3 |
| NUTR 560 G                                 | Lifelong Healing with Food                   | 4 |
| Term 4                                     |  |   |
| NUTR 560 D                                 | Clinical Biochemistry                        | 3 |
| NUTR 560 H                                 | Developmental Nutrition                      | 3 |
| Term 5                                     |  |   |
| NUTR 560 F                                 | Nutritional Therapeutics                     | 4 |
| NUTR 560 K                                 | Virtual Clinic                               | 4 |
| ~ 2 months after completion of course work |  |   |
| Nutr 600                                   | Comprehensive Exam                           |   |

### Total core credits: 35

\*All students are required to pass a comprehensive examination at the completion of all coursework in order to graduate.

University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

## Program prerequisites

- Bachelor's degree from an accredited institution
- Cumulative GPA of 2.75 or higher

Depending on your undergraduate background, you may be required to take up to 9 credits of graduate-level courses in Anatomy and Physiology, Biochemistry, and Nutrition. These courses are all offered at the start of the program — you can apply with or without them completed!

## Admissions requirements

- Free application at [bridgeport.edu/apply](https://bridgeport.edu/apply)
- Official transcripts from all schools attended
- Personal statement
  - Please discuss (in approximately 500 words) your specific interests and goals within the field of nutrition and your ability to thrive in a rigorous academic environment, including your strengths and potential challenges. Your essay will be evaluated on writing ability as well as specific, original content addressing each aspect of the prompt.

## Nutrition and Chiropractic dual degree

UB's School of Chiropractic allows you to pursue your MS in Human Nutrition while working on your Doctor of Chiropractic (DC) degree. Fifth-semester Chiropractic students with a GPA of 2.75 or higher and a recommendation from the dean may enter the MS program. Students must complete 28 semester hours of required Nutrition courses to earn their MS degree.

## Advanced standing for Physician Assistant students

Qualifying Physician Assistant (PA) students may apply for advanced standing in the Human Nutrition program during their last semester of PA studies — taking the required core Nutrition classes after completing their Physician Assistant degree.

