Participation Requirements

Each student must be committed to do the following:

1. Meet with their academic counselor at least three times each semester. (The first meeting must take place within the first four weeks of the semester.)
2. Attend the orientation/welcome back event at the beginning of each semester.
3. Attend a minimum of two SSS sponsored events/workshops each semester.

Date: February 27th
Time: 7pm start time
Location: New Haven

Student Support Services is looking for mentors who are:

- Motivated to help others
- Academically driven
- Knowledgeable of UB’s resources
- Positive role models
- Willing to commit time to their assigned mentees
- Looking to gain communication, administrative & people skills

Interested in being an ExCEL Peer Mentor?
Contact Erica Granoff at egranoff@bridgeport.edu

Applications due by 5pm on 2/28
Spring Workshops/Events

January

Netiquette: This workshop will stress the importance of professionalism within social networking tools (Facebook, Twitter and LinkedIn) as well as ways students can utilize these sites to market themselves. This workshop will be held on January 28th from 12:20-1:20pm in Wahl 500B.

Goal Setting Through Vision Boards: Start the New Year off right by setting your personal and academic goals for the semester! On January 31st from 12:20-1:20pm in Wahl 500B we will be creating vision boards for the upcoming semester.

February

Put on your Professional Hat: On February 4th from 12:20-1:20pm in Wahl 500B students will learn how to present themselves professionally in a classroom, office and in everyday situations.

Effective Communication: On February 6th from 12:20-1:20pm in Wahl 500B, learn about your communication style and better ways to communicate and interact with friends, peers and faculty.

Men’s and Women’s Group: The first Men’s & Women’s Group meeting of the semester will take place on February 7th from 12:20-1:20pm. The Men’s Group will meet in Wahl 500B for Shut Up I’m Eating: The dangerous quest to an ideal body. The Women’s Group will meet in Wahl 500C for Common Female Health Issues.

Resumes that Pop!: Your resume is the first “look” a potential employer gets of you, so having a resume that pops is important. On February 13th from 12:20-1:20pm in Wahl 500B come learn how to structure your resume so you can best market yourself to a potential employer.

March

Curse of the Starving Class: Join SSS on February 27th at the theatre! This modern classic by Sam Shepard, a Pulitzer and Tony Award-winning playwright, balances dark comedy and biting satire in its look at a family’s fight to stay alive. Sign up in the SSS office.

Presentation Skills: The director of Career Services will be presenting tips and tricks to navigating PowerPoint and Prezi. Attend this workshop on March 26th from 12:20-1:20 in Wahl 500B and gain confidence in your presentation skills.

April

ACE the Interview!: This informational workshop will cover how to prep, conduct oneself and follow up appropriately for an interview. On April 2nd from 12:20-1:20pm in Wahl 500B students will be provided with helpful interviewing tips as well as the opportunity to practice what they have learned.

Sexual Assault Awareness Walk: Join us on April 26th to support this cause. More information to come.