COURSE SYLLABUS

Please read the following course syllabus carefully, especially the course dates, times and location. If you have any questions, please do not hesitate to communicate with the IDEAL Program office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in the courses build on the shared experience of all learners in each class. This is why each student’s preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount your time outside the classroom to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend nine-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:

1. Attend every class session. Be on time.
2. Obtain the required course materials prior to the first class session.
3. Complete the first assignment prior to the first class session and all subsequent assignments to the best of your ability.
4. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.

If you cannot perform these four expectations, it is recommended that you drop the course. We look forward to your academic success in each course and the ultimate completion of your degree.
Course No. & Title:  HUSV 110 ID1, Alcohol and Drugs

Semester and Term:  Fall 2015  
Day and Dates:  Tuesdays, 8/25/2015 – 9/22/2015  
Time:  6pm – 10pm  
Campus Location:  Bridgeport

Course Description:  
This course explores alcohol and other drug use and abuse in society. Included in the course will be a historic review, the role of culture in use of drugs, the effect on society, the family and the individual, and an overview of the etiology, assessment and treatment of dependence.  
Prerequisite Courses: None  
Course Code: HS, PSY-PE, HSM, DM-HPR

Instructor & contact information:  
Helen McAlinden  
hmcalind@bridgeport.edu  
I check email a few times each day so please email any questions or concerns.


To order textbooks, go to the bookstore website at ubcampusstore.com

Learning Outcomes:  
Upon completion of this course the student should be able to:

• Articulate theories and models of addiction  
• Define the major categories of substances.  
• Give an overview of drug use/abuse in society.  
• Understand the history of alcohol/drug treatment  
• Explore the effects of addiction on the family system.  
• Articulate the cultural influences of drug use.  
• Understand the basic elements of assessment and diagnosis of abuse and dependence.
**Assignment Prior to First Class Session:**
Assignment- Please read Chapter 1 and Chapter 2
  - Answer questions at the end of chapters for FIRST ASSIGNMENT, Please use your own words, if you write direct from the book you will not get points for this exercise!

Due Class 1

Assignment for Second Class Session:
Assignment – Read Chapter 3 and Chapter 5
  - Questions will be posted on Canvas regarding the chapter readings. Please submit your responses through the Canvas page. Please use your own words, if you write direct from the book you will not get points for this exercise!

Due on canvas prior to Class 2

Assignment for Third Class Session:
Assignment – Read Chapter 7 and Chapter 8
  - Questions will be posted on Canvas regarding the chapter readings. Please submit your responses through the Canvas page. Please use your own words, if you write direct from the book you will not get points for this exercise!

Due on canvas prior to class 3

Assignment for Fourth Class Session:
Assignment – Read Chapter 9 and Chapter 10
  - Questions will be posted on Canvas regarding the chapter readings. Please submit your responses through the Canvas page. Please use your own words, if you write direct from the book you will not get points for this exercise!

Due on canvas prior to class 4

Assignment for Last Class Session:
Assignment – Read Chapter 11 and 14
  - BOOK REVIEW DUE, Hand in on last night or 20 points will be deducted of final score.

Helpful Reference: [https://owl.english.purdue.edu/owl/resource/704/1](https://owl.english.purdue.edu/owl/resource/704/1)

Any assignments arriving late to canvas - 2 points per day is deducted, no exceptions. Book review due last night of class, no exceptions for this assignment. Also, book review can be handed in prior.
**BOOK REVIEW ASSIGNMENT:**

Students will select one of the books listed above (other books may be considered at the discretion of the instructor). You will have until the last class to complete reading the book and write a 3 to 4 page review of the book. The content of the paper should reflect your understanding of the theories of drug use (biological, psychological and sociological). You will begin by providing a detailed summary of the book (i.e. main characters, drug(s) of choice, major plot points, etc.). Secondly, you will apply one theory from biological, psychological and sociological perspectives to explain the drug using behaviors of the character(s) in the book you selected. For example, from the biological perspective you may think that your character abuses substances due to genetic factors. You would support your answer by providing examples of how genes could be linked to the character’s addictive behaviors.

You may use sources other than your text to support your response; however, remember to provide in-text citations and a reference page of sources incorporated into your paper. We will have time to discuss this assignment further in class.

The papers should be typed, double-spaced and 12pt font.

**Book Review Novels:**
Select ONE of the following novels for your book review assignment. This can be found at your local libraries.

- **Smack** by Melvin Burgess
- **Glass** by Ellen Hopkins
- **Beautiful Boy** by David Sheff
- **A Million Little Pieces** by James Frey
- **A Small Journal of Heroin Addiction** by Robin Marche
- **Portrait of an Addict As a Young Man: A Memoir** by Bill Clegg

**WEEKLY QUIZZES:**

There will be weekly quizzes focusing on the readings. The quizzes will consist of 5 short-answer questions. **There will NOT be a quiz the first class.**

**WEEKLY READING ASSIGNMENTS: 10 points each**

For the assignments listed above please submit all responses through the Canvas page under the **assignments** tab.

**WEEKLY ASSIGNMENTS:**

Students will need to answer 5 questions in class in relation to the homework chapters. Each student will have class time to answer questions related to the reading. Your responses to
those questions will then be used as part of the class discussion. All assignments will be required to be handed in that class. 10 points each week. 40 points

**WEEKLY DISCUSSION ASSIGNMENTS:**

In addition to in class discussions of the reading and other related topics, each student will be required to respond to a discussion questions that will be posted on the Canvas page under the discussion tab. Each student will be required to respond to the topic and also respond to at least 2 classmates. The first discussion question will be posted prior to the first class. 10 points each week. 40 points

**ASSIGNMENTS AND GRADING:**

**Book Review:** 20pts  
**Canvas Discussion Assignments:** 40pts  
**In-class Assignments and Participation in Discussions:** 40pts

**Letter Grading Scale:**

<table>
<thead>
<tr>
<th>% of Points Earned</th>
<th>Letter Grade</th>
<th>% of Points Earned</th>
<th>Letter Grade</th>
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<tbody>
<tr>
<td>100-94</td>
<td>A</td>
<td>76-74</td>
<td>C</td>
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<tr>
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<td>73-70</td>
<td>C-</td>
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<tr>
<td>89-87</td>
<td>B+</td>
<td>69-67</td>
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<tr>
<td>86-84</td>
<td>B</td>
<td>66-64</td>
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<tr>
<td>83-80</td>
<td>B-</td>
<td>63-60</td>
<td>D-</td>
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<tr>
<td>79-77</td>
<td>C+</td>
<td>Below 60</td>
<td>F</td>
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**ACADEMIC POLICIES**

**Attendance Policy**
Classroom attendance is an integral part of the academic experience; therefore, students are expected to attend all class sessions. If an absence is unavoidable, the student, prior to class, should communicate with the instructor. Arrangements should be made at that time for submission of any missed assignments. It is also expected that students arrive on time and not leave until the class is dismissed. Tardiness will result in a reduced grade for the course. If you cannot attend every class session you should consider dropping the course.

**IMPORTANT:**
- Missing one class session will drop the final grade by one letter grade (for example if a student earns a grade of “B” in the course, the final grade would be a “C”).
- Missing two or more class sessions will be cause for a failing grade.

**Drop Procedures**
To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the IDEAL Course Schedule webpage:
Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the drop fees and tuition refunds at the Academic Calendar; accessed at the IDEAL Course Schedule webpage (same link above).

**Cell Phones**

Cell phones must be turned off (or placed on “vibrate”) while in the classroom. A cell phone call is disruptive and disrespectful to the other students in the class.

**Academic Dishonesty**

The IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

**Cheating** – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

Case #1: A student is enrolled in an introductory psychology course. He has co-workers who have taken the same course. As the end of the course approaches, he wonders how he will find the time to get the research paper finished, and asks one of his co-workers for help. His co-worker hands him a research paper that he submitted in a similar course. The student makes minor modifications to the paper, and submits it under his own name.

Case #2: A student enrolled in a humanities course is unsure about how to structure an essay. She is doing research on the World Wide Web, and comes across an essay written by a student from another university. Using her computer mouse, she copies and pastes the essay into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.

**Plagiarism** – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called “research papers” without full recognition of the source. Presenting as one’s own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

Case #3: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet. Finding helpful information, he has summarized his findings without citing his sources. He believes that minor paraphrasing is all that is necessary.

Case #4: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn’t have to use quotations or citations.
Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own courses; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site:  
http://www.indiana.edu/~istd/plagiarism_test.html

Ethics Statement of Confidentiality  
An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

ACADEMIC RESOURCE CENTER  
The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at:  
http://www.bridgeport.edu/pages/2209.asp  
The Center is located on the 5th Floor of the Wahlstrom Library. Make an appointment or walk-in: Telephone: 203-576-4290. Online Tutoring is available at:  
www.etutoring.org.  
To use this free service you must have a UBNet account.

Obtaining a UBNet Account  
Every registered student should obtain a UBNet Account. The account allows you to access MyUB; the portal for grades, library services, Canvas online learning system. Also, the account allows you access to computers in the Library and computer labs, and provides an email account in which the University sends out information. Go to:  
http://www.bridgeport.edu/ubnet  
- Click on “New UBNet Account” and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your bridgeport.edu email forwarded to any other private email account you use.

Following the activation of your UBNet account (takes 24 hours), login at:  
http://www.bridgeport.edu/email and click on “forwards” at the top of the page. Follow the directions to forward email messages to your other account.

Accessing Your Grades & Schedule Online  
The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. To access WebAdvisor, login in to MyUB and follow the WebAdvisor menu on the right. If you are carrying a financial balance, access to WebAdvisor will be restricted.
Using the Library
Access to the Digital Library is through MyUB. On the MyUB home, in the central column, click on “myEureka Digital Library.” Research tools available:

- Search for books held at the library.
- Search the online databases for your academic field; business, counseling, human services, psychology, etc.
- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

Using Computers
Open access computer labs are available at three locations:

- Bridgeport – 1st floor of the Wahlstrom library. Check library hours of operation at: http://www.bridgeport.edu/library.
- Stamford – Room D; Check open hours at: http://www.bridgeport.edu/stamford
- Waterbury – Computer Lab; Check open hours at: http://www.bridgeport.edu/waterbury

Course Cancellations
Any emergency necessitating the canceling of courses will be announced by the University through the Emergency Notification Telephone Line, (203) 576-4159. Please call this number for information on course cancellations. Also, information will be posted under “Latest News” on the UB home page, (www.bridgeport.edu). Canceled classes will be made up either the week following the end of the course or in consultation between the instructor and the students as to day and time availability. Course cancellations are also announced on television and radio stations.

IMPORTANT CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Office</th>
<th>Telephone</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>Bridgeport Campus Security</td>
<td>(203) 576-4911</td>
<td><a href="mailto:ubsecurity@bridgeport.edu">ubsecurity@bridgeport.edu</a></td>
</tr>
<tr>
<td>Bursar</td>
<td>(203) 576-4692</td>
<td><a href="mailto:sfs@bridgeport.edu">sfs@bridgeport.edu</a></td>
</tr>
<tr>
<td>Cashier</td>
<td>(203) 576-4682</td>
<td><a href="mailto:sfs@bridgeport.edu">sfs@bridgeport.edu</a></td>
</tr>
<tr>
<td>Financial Aid</td>
<td>(203) 576-4568</td>
<td><a href="mailto:sfs@bridgeport.edu">sfs@bridgeport.edu</a></td>
</tr>
<tr>
<td>Registrar</td>
<td>(203) 576-4635</td>
<td><a href="mailto:registrar@bridgeport.edu">registrar@bridgeport.edu</a></td>
</tr>
<tr>
<td>Emergency Notification Phone</td>
<td>(203) 576-4159</td>
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<tr>
<td>IDEAL Office</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
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CAMPUS CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Campus</th>
<th>Address</th>
<th>Telephone</th>
<th>Email</th>
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<tbody>
<tr>
<td>Bridgeport</td>
<td>126 Park Avenue Bridgeport, CT 06604</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
</tr>
<tr>
<td>Stamford</td>
<td>5 Riverbend Drive Stamford, CT 06750</td>
<td>(203) 358-0700</td>
<td><a href="mailto:ubstamford@bridgeport.edu">ubstamford@bridgeport.edu</a></td>
</tr>
<tr>
<td>Waterbury</td>
<td>84 Progress Lane Waterbury, CT 06705</td>
<td>(203) 573-8501</td>
<td><a href="mailto:ubwaterbury@bridgeport.edu">ubwaterbury@bridgeport.edu</a></td>
</tr>
</tbody>
</table>

Directions to IDEAL Campus locations [http://www.bridgeport.edu/pages/2260.asp]
To fill out your financial aid report to the Federal Government, please go online to [www.fafsa.ed.gov](http://www.fafsa.ed.gov). The school code for the University of Bridgeport is 001416. Federal Student Aid Information: 1-800-433-3243

**Grading Criteria:**

<table>
<thead>
<tr>
<th>Thursdays - Due Dates</th>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td><strong>Week 1: 8/25/15</strong></td>
<td>Discussion Questions</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Due class 1, answer questions at end of chapter 1</td>
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<tr>
<td></td>
<td>and 2. Hand in class 1</td>
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<td>2 points of per day if late.</td>
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<tr>
<td><strong>Week 2: 9/01/15</strong></td>
<td>Homework questions due on canvas, 2 points off each day late.</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Class assignments and Discussion Questions</td>
<td>10</td>
</tr>
<tr>
<td><strong>Week 3: 9/08/15</strong></td>
<td>Homework questions due on canvas, 2 points off each day late.</td>
<td>10</td>
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<tr>
<td></td>
<td>Class assignments and Discussion Questions</td>
<td>10</td>
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<tr>
<td><strong>Week 4: 9/15/15</strong></td>
<td>Assignment due on canvas</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Class assignments and Discussion Questions</td>
<td>10</td>
</tr>
<tr>
<td><strong>Week 5: 9/22/15</strong></td>
<td>Final Project – Book Review</td>
<td>20</td>
</tr>
<tr>
<td><strong>Class Participation/Presentation</strong></td>
<td>Students are expected to answer participation questions in class. Engage in</td>
<td>10</td>
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</table>
and Attendance
class activities and class
discussion. Show up on time
and attend every session.

<table>
<thead>
<tr>
<th></th>
<th>Total Points</th>
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<tbody>
<tr>
<td></td>
<td>100</td>
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Any questions we will discuss in class.