Dear Friends

The University of Bridgeport has methodically been transforming itself into a university-based Center of Excellence in integrative, complementary and wellness-based healthcare through its Division of Health Sciences and the UB Clinics.

The formation of the College of Naturopathic Medicine in the 1990’s represented a return of naturopathic medical education to the east coast of the United States for the first time in many decades. Many of our health science students also take advantage of our innovative dual degree programs, enabling them to integrate their multiple professional skills and offer their future patients a broader range of healthcare services. Our health sciences alumni include prominent physicians and health care providers throughout the nation, including many at top-tier academic medical centers such as New York University, Vanderbilt University, Yale University, and Johns Hopkins University.

This vision of collaborative care at UB is benefitting patients as the University of Bridgeport health science students work within the hospital systems we have fostered relationships with both locally and regionally, and they ultimately bring this message worldwide as these professionals graduate and take this approach to patients care with them as they enter professional practice. At UB we are changing the future of healthcare on practitioner at a time.

The UB Clinics, located within the Health Sciences Center on campus, are becoming known regionally as the place to come for evaluation and treatment for a broad range of problems from an interdisciplinary perspective within a facility that includes chiropractic, naturopathic medicine, acupuncture and dental hygiene services. The UB Clinics provide valuable healthcare services to upwards of 20,000 patients in the southern Connecticut region annually, including those who are uninsured and underinsured. In 2010, UB Clinics provided patient treatment and other health services valued at over $1.5 million to the public.

We need your help to continue our mission and goal of a truly changed health care system with options in healthcare for all, no matter what their economic resources may be. The best way you can do this, and also help naturopathic medicine thrive on the east coast, is to partner with us and generously donate to the construction of the new Center for Naturopathic Medicine at the UB Clinics.

Sincerely,

Dr. David M. Brady
Vice Provost, Health Sciences Division
The University of Bridgeport College of Naturopathic Medicine admitted its first class in 1997 as an integral part of a growing health sciences division devoted to complementary health professions. After an absence of more than half a century, naturopathic medical education had finally returned to the east coast. Early in the 20th century there were many naturopathic medical schools in the east; prominent among them, Benedict Lust’s American School of Naturopathy in New York City and the Blumer College of Naturopathy in Hartford. With dramatic changes occurring in the medical profession, these schools closed by the middle of the century. In the east, only the state of Connecticut maintained a licensing law for naturopathic physicians. With the reemergence of the naturopathic profession that began in the 1970’s, it was only natural that the first new eastern college of naturopathic medicine would be in Connecticut. Now in its 14th year, UBCNM boasts a strong, vibrant community with dedicated staff and experienced faculty committed to excellence in education. Milestones along the way have included the graduation of the first class in 2001, accreditation by the Connecticut Department of Higher Education and by the Council on Naturopathic Medical Education. Today, the College has graduated more than 200 Doctors of Naturopathic Medicine.

Located on the shores of Long Island Sound, the University provides its health sciences programs with state-of-the-art educational resources and on-site clinical training facilities. With electronic medical records implemented earlier this year, UBCNM is poised to upgrade its clinical resources to bring cutting-edge clinical training to its students and remarkable healthcare to the greater community.

A year ago, I came to the Naturopathic Medicine clinic which became my weekly source of strength and promise for a recovery. The extensive testing performed at the clinic confirmed that I had Leaky Gut Syndrome. Since that time I have received treatment from many of the students and clinicians depending on whether I was dealing with back pain, gut pain or the accompanying emotional pain. It has been a long road and an exciting one in that I was part of the learning process and a part of the team that searched for ultimate healing.

The whole experience at this clinic which includes such kindness, compassion and understanding has made this an absolute necessity in the lives of today’s population. The Naturopathic approach to healing is paramount to solving problems that our world and our ways of eating have led us into even more than the past. Most of all, I have enjoyed the humor, grace and love care of all those I have met along the way.

~Johanna Moore
Clinical training lies at the heart of naturopathic medical education. Working with patients under the guidance of naturopathic physicians and other medical providers is the process that transforms students into doctors; where they develop the skill of integrating classroom knowledge with patient care. Essential to this process is a strong curriculum, an experienced faculty, and a clinic that provides an environment conducive to learning and healing. The College is committed to excellence in clinical education and prides itself in its innovative curriculum and dedicated faculty. With plans for a new clinic, the College aims to create a facility that will enhance clinical education and patient care.

The development of the new state-of-the-art Center for Naturopathic Medicine at the University of Bridgeport represents a commitment by the University to the delivery of affordable and high-quality holistic healthcare for Greater Bridgeport Area residents and underserved populations throughout the region. The Center for Naturopathic Medicine will train the best and brightest healthcare professionals of the future in a modern, professional, comfortable and healing setting, further supporting and strengthening the naturopathic medical approach, so desperately needed in the northeast.

The Center for Naturopathic Medicine will be housed on the 7th floor of the Health Sciences Center, the home of the UB Clinics composed of the teaching clinics of the University’s College of Naturopathic Medicine, College of Chiropractic, Acupuncture Institute, and Fones School of Dental Hygiene. The UB Clinics treat approximately 20,000 patients annually, many of whom would not have access and could not otherwise afford these services from private professionals.
The Future

Levels of Support and Naming Rights Opportunities:

<table>
<thead>
<tr>
<th>Facility</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Center for Naturopathic Medicine</td>
<td>$750k</td>
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<tr>
<td>Clinic SMART Classroom/Educational Center</td>
<td>$75k</td>
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<tr>
<td>Clinic Learning Library</td>
<td>$50k</td>
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<tr>
<td>Clinic Group Conference Room</td>
<td>$50k</td>
</tr>
<tr>
<td>Clinic Examination/Treatment/Counseling Rooms</td>
<td>$20k</td>
</tr>
<tr>
<td>UB Health Sciences Center Building (8 story building)</td>
<td>$4 Million</td>
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Benefits to Donors:

• Tie your brand to “health”, “wellness”, “integrative medicine,” and “community service”
• Support the paradigm of naturopathic medicine in the northeastern US
• Gain valuable exposure and goodwill with future and present healthcare professionals
• Leverage press coverage and media exposure for your brand and the UB Naturopathic Clinic
• Ongoing promotion for your brand in all print and radio advertising, brochures, featured articles, newsletters, website, etc. (Center for Naturopathic Medicine or Building naming only)
• Promote access to naturopathic healthcare for the underserved
• Provide an optimal educational environment to the naturopathic physicians of the future
In January, 2010 Dr. Jared Skowron created the Pediatric & Autism Clinic in the UB ND Clinics and has since helped thousands of children by curing colds, asthma, eczema, stomach complaints, ADHD, and other health conditions.

The clinic also specializes in the DAN! (Defeat Autism Now) biomedical therapy for autism. While most DAN! Doctors charge $1,000 for each visit, Dr. Skowron and his team are offering natural healthcare to all children for less than an average co-pay. "Research shows long-term health problems start when children are young. By treating your child today, naturally, you are giving them a lifetime of health," Dr. Skowron says. The Pediatric & Autism Clinic thoroughly analyzes each child providing nutritional analysis and physical exams, while educating parents about the wonders of herbs, vitamins, and homeopathics.

In the fall of 2009, Dr. Peter D’Adamo, the New York Times best-selling author of the Eat Right for Your Type books, joined with the University of Bridgeport, College of Naturopathic Medicine Clinic to create a Personalized Medicine shift based on his many years of research in genomics, generative medicine and individualized patient care. What began as a single clinic shift has grown to now include a three-course curriculum in biochemical individuality and generative medicine for the U.B. naturopathic medical students and a Center of Excellence in Generative Medicine that will incorporate research, education, and advanced clinical training for students and graduates. Blending cutting-edge research with the foundational principles of naturopathy, such as "let food be your medicine," will make-up the cornerstone for this practice. "The Personalized Medicine shift accepts patients from all over the world, allowing greater access to a world-renowned physician such as Dr. D’Adamo, while allowing students to gain first-hand experience in assessing patient bio-individuality and prescribing therapies that focus on nutrition and lifestyle interventions."
The Future

The College is committed to training highly competent and dedicated naturopathic physicians who will meet the need for a new paradigm in health care; one that encompasses the whole person as well as their relationship with their community and environment, and addresses the imbalances in our lives that lead to disease and disharmony. The program of study embraces the philosophy that defines the naturopathic profession and the biomedical sciences that are gradually opening the door to understanding how we as individuals respond to different environments. The faculty is composed of experienced naturopathic doctors, medical doctors, chiropractic doctors, psychologists, and biomedical scientists.

The program of study, grounded in naturopathic philosophy, is continually evolving to meet the demands of a changing medical landscape. The UBCNM clinical education curriculum includes specialty teaching shifts in the following areas:

- Functional Medicine
- Homeopathy
- Mind-Body Medicine
- Oncology
- Pediatrics
- Personalized/Generative Medicine
- Women’s Health

With a new clinic on the horizon, UBCNM can ensure that its graduates are the healthcare leaders in the cutting edge medicine of the 21st century.