COURSE SYLLABUS

Please read the following course syllabus carefully, especially the course dates, times and location. If you have any questions, please do not hesitate to communicate with the IDEAL Program office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in the courses build on the shared experience of all learners in each class. This is why each student’s preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount your time outside the course to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend nine-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:
1. Participate in and complete the online orientation prior to your first online course.
2. Obtain the required course materials prior to the course start date.
3. Login and participate in your course a minimum of three times per week.
4. Complete all assignments to the best of your ability.
5. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.
6. If you have any technical difficulties, you must contact the Office of Distance Education immediately at ubonline@bridgeport.edu.

If you cannot perform these six expectations, it is recommended that you drop the course. We look forward to your academic success in each course and the ultimate completion of your degree.
Course No. & Title: PSYC 303 DL1, Personality Psychology
Semester and Term: SUMMER 2015
Day and Dates: May 4 – June 27, 2015
Time: online
Campus Location: Distant Learning

Course Description:
The structure, dynamics, and development of personality. Major personality theories—psychoanalytical, trait, behavioral, cognitive, socio-biological, humanistic/existential—and their implications for understanding both normal and deviant personality.
Prerequisite Course: PSYC 103 and 201 or 202
Course Code: HS-PE, LA, PSY, SsC, PSYM, HSM, DM-PR

Instructor & contact information: Herb Storck
Email: hstorck@bridgeport.edu

Required Textbook:

To order textbooks, go to the bookstore website at ubcampusstore.com

Learning Outcomes:
Upon completion of this course the student should be able to:

- The student will be able to define and comprehend the concepts associated with the dispositional, biological, intrapsychic, cognitive and sociocultural domains in personality theory.
- The student will be able to understand how to apply these concepts to the therapeutic strategies associated with each domain.
- The student will be able to communicate these understandings and concepts in oral and written communication.

Assignments:
Description of Weekly Sessions:

Week 1

Read Chapters 1 & 2  Introduction

Due Thursday, 11:59 p.m.

Canvas assignment:

1. Define personality.

2. What is the difference between Personality Disorders and Psychological Disorders. (This is a difficult question and you do not need to give an extensive reply.) They are not “grouped together”, there are fundamental differences. You may need to seek other resources to help you distinguish between the two. I just want to be sure you know that there IS a difference, and basically what it is.

3. Why do we have so many different theories of personality?

4. What issues are important in the assessment and measuring of personality and its disorders. Please be specific, and include examples.

Reply to at least 2 other student posts by Saturday, 11:59 p.m.

Week 2

Read Chapters 3 & 4  Study Freud, Adler, & Jung

Due Thursday, 11:59 p.m.

NOTE: Our study of Sigmund Freud in this course will be minimal. The concepts you need to understand are the basic Id, Ego, and SuperEgo and the primary driving force of sexuality. In addition, or therefore, you should be familiar with his concepts of the Oedipus Complex and Electra Complex. No other information on Freud will be tested, but you are welcome to study his work if it interests you.
Canvas assignment:

1. Name and discuss the Jungian levels of the psyche.
2. The instructor believes that the collective unconscious is not as crazy as it sounds and may be more present in the lives of human beings than initially suspected. Discuss pro AND con the possible existence of a collective unconscious.
3. List and describe eight major archetypes.
4. Identify and describe Jung's stages of personality development.

Reply to at least 2 other student posts by Saturday, 11:59 p.m.

Week 3

Read Chapter 5

Due Thursday, 11:59 p.m.

Biological Aspects of Personality

Canvas assignment:

1. Discuss Adler’s concept that people strive for perfection. How does that compare to the primary motivation of personality viewed by Freud and Jung?
2. Why do you think your instructor finds Adler and his theory so interesting?
3. Discuss the major biological aspects of personality. Provide some of YOUR OWN examples of this.
4. Discuss reasons why you think biological aspects do NOT fully explain personality disorders.

Reply to at least 2 other student posts by Saturday, 11:59 p.m.
Week 4

Read Chapter 6  Learning Theory in Personality

Due Thursday, 11:59 p.m.

Canvas assignment:

1. Explain Skinner's philosophy of science positive reinforcement, negative reinforcement, and punishment.

2. Given these basic aspects of Skinner’s perspective, what do you think are his views on inner states and complex behavior and unhealthy personality?

Reply to at least 2 other student posts by Saturday, 11:59 p.m.

Week 5

Midterm Exam

The midterm will be available over the course of a two day period during the week to allow you to easily work it into your schedule. I’ll have more info as we get closer.

Read Chapter 7  Cognitive Aspects of Personality

Due Thursday, 11:59 p.m.

Canvas assignment:

1. Why might an observational learning approach be superior to a behavioral learning approach when acquiring skills such as driving or tightrope walking?

2. Based on what was discovered in Bandura’s “Bobo doll” studies, how might a person learn to inhibit behaviors that are socially inappropriate without actually doing them and being punished?

Reply to at least 2 other student posts by Saturday, 11:59 p.m.
Week 6

Read Chapter 8 Trait Aspect of Personality

Due Thursday, 11:59 p.m.

Canvas assignment:

1. Describe the Trait and Skill Approach to Explaining Personality

2. What are some of the implications for considering traits as a cause of personality. Use some facts from your text, but also give some insight of your own into this important topic.

3. Describe evolutionary psychology, and how it can cause personality differences and disorders. Information to help answer this question may come from several areas of the text, or even other sources.

Reply to at least 2 other student posts by Saturday, 11:59 p.m.

Week 7 Humanistic, Existential & Positive Aspects

Due Thursday, 11:59 p.m.

Read Chapter 9

Canvas assignment:

1. What are the major contributions made by Fromm, and how do the compare to Rogers.

2. Carl Rogers developed the concept of nondirective. What does this mean? How does a client improve in this type of therapy?

3. Why do you suppose your instructor would go crazy if he was forced to endure Rogerian therapy? 😊

Week 8

Final Exam
Grading Criteria:

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<tr>
<td>Canvas Assignments (6x5)</td>
<td>30</td>
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<tr>
<td>Midterm Exam</td>
<td>35</td>
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<td>Final Exam</td>
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Letter Grading Scale:

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<tr>
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<tr>
<td>100-94</td>
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<td>76-74</td>
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<td>C+</td>
<td>Below 60</td>
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ACADEMIC POLICIES

Attendance Policy
Classroom attendance is an integral part of the academic experience; therefore, students are expected to attend all class sessions. If an absence is unavoidable, the student, prior to class, should communicate with the instructor. Arrangements should be made at that time for submission of any missed assignments. It is also expected that students arrive on time and not leave until the class is dismissed. Tardiness will result in a reduced grade for the course. If you cannot attend every class session you should consider dropping the course.

IMPORTANT:
- Missing one class session will drop the final grade by one letter grade (for example if a student earns a grade of “B” in the course, the final grade would be a “C”).
- Missing two or more class sessions will be cause for a failing grade.
- Note: For 15-week courses; missing two class sessions will result in a letter grade drop and three or more will cause a failing grade.

Drop Procedures
To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the IDEAL Course Schedule webpage:
Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the drop fees and tuition refunds at the Academic Calendar; accessed at the IDEAL Course Schedule webpage (same link above).

**Cell Phones**
Cell phones must be turned off (or placed on “vibrate”) while in the classroom. A cell phone call is disruptive and disrespectful to the other students in the class.

**Academic Dishonesty**
The IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

**Cheating** – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

- **Case #1**: A student is enrolled in an introductory psychology course. He has co-workers who have taken the same course. As the end of the course approaches, he wonders how he will find the time to get the research paper finished, and asks one of his co-workers for help. His co-worker hands him a research paper that he submitted in a similar course. The student makes minor modifications to the paper, and submits it under his own name.

- **Case #2**: A student enrolled in a humanities course is unsure about how to structure an essay. She is doing research on the World Wide Web, and comes across an essay written by a student from another university. Using her computer mouse, she copies and pastes the essay into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.

**Plagiarism** – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called “research papers” without full recognition of the source. Presenting as one’s own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

- **Case #3**: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet. Finding helpful information, he has summarized his findings without citing his sources. He believes that minor paraphrasing is all that is necessary.

- **Case #4**: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the
textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn’t have to use quotations or citations.

Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own courses; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site: 
http://www.indiana.edu/~istd/plagiarism_test.html

Ethics Statement of Confidentiality
An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

ACADEMIC RESOURCE CENTER

The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at: 
http://www.bridgeport.edu/pages/2209.asp The Center is located on the 5th Floor of the Wahlstrom Library. Make an appointment or walk-in: Telephone: 203-576-4290. Online Tutoring is available at: www.etutoring.org. To use this free service you must have a UBNet account.

Obtaining a UBNet Account
Every registered student should obtain a UBNet Account. The account allows you to access MyUB; the portal for grades, library services, Canvas online learning system. Also, the account allows you access to computers in the Library and computer labs, and provides an email account in which the University sends out information. Go to: http://www.bridgeport.edu/ubnet - Click on “New UBNet Account” and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your bridgeport.edu email forwarded to any other private email account you use. Following the activation of your UBNet account (takes 24 hours), login at: http://www.bridgeport.edu/email and click on “forwards” at the top of the page. Follow the directions to forward email messages to your other account.

Learning Management System (LMS) - Canvas
For all courses that use Canvas, you can access Canvas through the portal by using the myUB link. Faculty post class documents on Canvas e.g. syllabus, power points, discussion questions, case studies, current event articles, papers, reports etc. (save some trees). All students have access, and can download and copy the documents.

**Canvas Tutorial For Students:**  [https://bridgeport.instructure.com/courses/985903](https://bridgeport.instructure.com/courses/985903)

**For assistance** contact the UB Help Desk at 203-576-4606 or email [helpdesk@bridgeport.edu](mailto:helpdesk@bridgeport.edu)  
[https://bridgeport.instructure.com/courses/829447/](https://bridgeport.instructure.com/courses/829447/)

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**Accessing Your Grades & Schedule Online**

The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. To access WebAdvisor, login in to MyUB and follow the WebAdvisor menu on the right. If you are carrying a financial balance, access to WebAdvisor will be restricted.

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**Using the Library**

Access to the Digital Library is through MyUB. On the MyUB home, in the central column, click on “myEureka Digital Library.” Research tools available:

- Search for books held at the library.
- Search the online databases for your academic field; business, counseling, human services, psychology, etc.
- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

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**Using Computers**

Open access computer labs are available at three locations:

- Bridgeport – 1st floor of the Wahlstrom library. Check library hours of operation at:  
  [http://www.bridgeport.edu/library](http://www.bridgeport.edu/library).
- Stamford – Room D; Check open hours at:  
  [http://www.bridgeport.edu/stamford](http://www.bridgeport.edu/stamford)
- Waterbury – Computer Lab; Check open hours at:  
  [http://www.bridgeport.edu/waterbury](http://www.bridgeport.edu/waterbury)

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**Course Cancellations**

Any emergency necessitating the canceling of courses will be announced by the University through the Emergency Notification Telephone Line, (203) 576-4159. Please call this number for information on course cancellations. Also, information will be posted under “Latest News” on the UB home page, ([www.bridgeport.edu](http://www.bridgeport.edu)). Canceled classes will be made up either the week following the end of the course or in consultation between the instructor and the students as to day and time availability. Course cancellations are also announced on television and radio stations.

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**IMPORTANT CONTACT INFORMATION**

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<tr>
<td>Campus Contact Information</td>
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<td>Email</td>
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<tr>
<td>Bridgeport Campus Security</td>
<td>(203) 576-4911</td>
<td><a href="mailto:ubsecurity@bridgeport.edu">ubsecurity@bridgeport.edu</a></td>
</tr>
<tr>
<td>Bursar</td>
<td>(203) 576-4692</td>
<td><a href="mailto:bursar@bridgeport.edu">bursar@bridgeport.edu</a></td>
</tr>
<tr>
<td>Cashier</td>
<td>(203) 576-4682</td>
<td><a href="mailto:cashier@bridgeport.edu">cashier@bridgeport.edu</a></td>
</tr>
<tr>
<td>Financial Aid</td>
<td>(203) 576-4568</td>
<td><a href="mailto:sfs@bridgeport.edu">sfs@bridgeport.edu</a></td>
</tr>
<tr>
<td>Registrar</td>
<td>(203) 576-4635</td>
<td><a href="mailto:registrar@bridgeport.edu">registrar@bridgeport.edu</a></td>
</tr>
<tr>
<td>Emergency Notification Phone</td>
<td>(203) 576-4159</td>
<td></td>
</tr>
<tr>
<td>IDEAL Office</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
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**CAMPUS CONTACT INFORMATION**

<table>
<thead>
<tr>
<th>Campus</th>
<th>Address</th>
<th>Telephone</th>
<th>Email</th>
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<tbody>
<tr>
<td>Bridgeport</td>
<td>126 Park Avenue Bridgeport, CT 06604</td>
<td>(203) 576-4800</td>
<td><a href="mailto:idealinfo@bridgeport.edu">idealinfo@bridgeport.edu</a></td>
</tr>
<tr>
<td>Stamford</td>
<td>5 Riverbend Drive Stamford, CT 06750</td>
<td>(203) 358-0700</td>
<td><a href="mailto:ubstamford@bridgeport.edu">ubstamford@bridgeport.edu</a></td>
</tr>
<tr>
<td>Waterbury</td>
<td>84 Progress Lane Waterbury, CT 06705</td>
<td>(203) 573-8501</td>
<td><a href="mailto:ubwaterbury@bridgeport.edu">ubwaterbury@bridgeport.edu</a></td>
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**Directions to IDEAL Campus locations**

http://www.bridgeport.edu/pages/2260.asp

To fill out your financial aid report to the Federal Government, please go online to www.fafsa.ed.gov. The school code for the University of Bridgeport is 001416.

Federal Student Aid Information: 1-800-433-3243