



99%

of UB
students received
financial aid

(Fall 2023)

16%

Growth expected in
healthcare occupations
by 2030

(Bureau of Labor Statistics)



You will gain research
skills in our newly
designed Anatomy
and Virtual Labs

Bachelor of Science in Health Sciences

A degree in Health Sciences opens you up to a rewarding career that's focused on meeting the needs of people in your community. Graduates of this program go on to work in health centers, hospitals, health departments, private companies, and more. You'll develop an understanding of biostatistics, research, and epidemiology. The Health Sciences program at UB prepares you to achieve your career goals through four different tracks.

Community Health Education track

This program prepares you for a career that's focused on protecting and promoting the health of underserved communities through health education and disease prevention activities. Graduates from UB's Community Health Education track go on to have rewarding careers providing patient care and influencing health policy.

Exercise and Fitness track

This program will prepare you to provide healthcare to a growing and aging population. You'll gain the skills to develop appropriate fitness programs for people in your care. Graduates from this program go on to have rewarding careers as personal trainers, health educators, and more.

Nutrition track

In this program, you'll develop a deep understanding of the science behind nutrition. You'll gain the knowledge and skills needed to analyze the health choices people make and educate diverse populations on the relationship between nutrition and health.

Pre-Professional track

In this program, you'll develop a deep understanding of the factors that influence people's health. The Pre-Professional track prepares you to continue your health sciences education by obtaining your graduate degree in the field.



Bachelor of Science in Health Sciences

Internship opportunities

- Government agencies
- Hospitals
- Medical research laboratories
- Pharmaceutical companies
- Rehabilitation facilities
- And more!

Admission requirements

- Complete the application for enrollment at bridgeport.edu/apply.
- Submit transcripts.
 - Submit proof of high school completion or its equivalent.
 - Submit transcripts from all colleges/universities attended (*transfer applicants*).
- Students must have a minimum cumulative GPA of 2.5.
- First-year students must submit a personal essay (optional if you choose to submit SAT/ACT scores).



Scan the QR code for additional information on our Health Sciences degree.

The University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.



We are invested in your success

While you're earning your degree, you can take advantage of:

- 80+ career-focused academic programs
- A 16:1 student-to-faculty ratio
- Expert faculty with decades of experience in their fields
- Academic Advising
- Center for Career Development
- Tutoring

Make the most of your college experience

When you live at UB, you'll have a chance to explore:

- Beautiful residence halls located right on Long Island Sound
- Over 50 clubs and organizations, including Greek life to help you get involved on campus
- 14 NCAA DII varsity teams
- A diverse student body from over 25 countries
- Convenient location — 2 hours from Boston and 1.5 hours from New York City
- The #1 safest college campus in Connecticut¹